

## CLAIMS

1. A positioning kit for use in limiting movement of a patient's legs comprising:  
two boots, each capable of being secured around a foot and a lower leg of a patient; and  
at least one fastening strap capable of securing said boots together.
2. The positioning kit of claim 1 further comprising a leg strap capable of holding the patient's legs together.
3. The positioning kit of claim 2 wherein said leg strap comprises a cushion and straps capable of holding the patient's legs against said cushion.
4. The positioning kit of claim 2 wherein said leg strap is located adjacent to the patient's knees.
5. The positioning kit of claim 1 wherein said boots are composed of breathable foam.
6. The positioning kit of claim 1 wherein each said boot further comprises:  
a lower wrap capable of wrapping around said foot;  
an upper wrap capable of wrapping around said lower leg;  
a seam securing said lower and said upper wraps together; and  
closure strips capable of securing said wraps around said foot and said lower leg.
7. The positioning kit of claim 6 wherein each said boot further comprising an ankle strap capable of wrapping around a patient's ankle.
8. The positioning kit of claim 6 wherein said closure strips are hook fasteners capable of attaching to a pile surface on said boot.

9. The positioning kit of claim 1 wherein said fastening straps comprise hook fasteners capable of attaching to a pile surface on said boots.

10. The positioning kit of claim 1 further comprising double-sided hook fasteners capable of attaching to a pile surface on said boots.

11. A positioning kit for use in limiting movement of a patient's hip comprising:
- two boots, each capable of being secured around a foot and a lower leg of a patient, wherein each said boot comprises a lower wrap capable of wrapping around said foot, an upper wrap capable of wrapping around said lower leg, a seam securing said lower and said upper wraps together, and closure strips capable of securing said wraps around said foot and said lower leg; and
- at least one fastening strap capable of securing said boots together.
12. The positioning kit of claim 11 further comprising a leg strap capable of holding the patient's legs together.
13. The positioning kit of claim 12 wherein said leg strap comprises a cushion and straps capable of holding the patient's legs against said cushion.
14. The positioning kit of claim 12 wherein said leg strap is located adjacent to the patient's knees.
15. The positioning kit of claim 1 wherein said boots are composed of breathable foam.
16. The positioning kit of claim 11 wherein each said boot further comprising an ankle strap capable of wrapping around a patient's ankle.
17. The positioning kit of claim 11 wherein said closure strips are hook fasteners capable of attaching to a pile surface on said boot.
18. The positioning kit of claim 11 wherein said fastening straps comprise hook fasteners capable of attaching to a pile surface on said boots.

19. The positioning kit of claim 11 further comprising double-sided hook fasteners capable of attaching to a pile surface on said boots.

20. A positioning kit for use in limiting movement of a patient's legs comprising:  
two boots, each capable of being secured around a foot and a lower leg of a patient;  
at least one fastening strap capable of securing said boots together; and  
a leg strap capable of holding a patient's legs together.
21. The positioning kit of claim 13 wherein said leg strap comprises a cushion and straps capable of holding said legs against said cushion.
22. The positioning kit of claim 21 wherein said leg strap is located adjacent to the patient's knees.
23. The positioning kit of claim 13 wherein said boots are composed of breathable foam.
24. The positioning kit of claim 13 wherein said boot further comprises:  
a lower wrap capable of wrapping around said foot;  
an upper wrap capable of wrapping around said lower leg;  
a seam securing said lower and said upper wraps together; and  
closure strips capable of securing said wraps around said foot and said lower leg.
25. The positioning kit of claim 24 further comprising an ankle strap capable of wrapping around a patient's ankle.
26. The positioning kit of claim 24 wherein said closure strips comprise hook fasteners capable of attaching to a pile surface on said boot.
27. The positioning kit of claim 26 wherein said fastening straps comprise hook fasteners capable of attaching to said pile surface on said boots.

28. The positioning kit of claim 27 further comprising double-sided hook fasteners capable of attaching to said pile surface on said boots.

29. A positioning kit for use in limiting the movement of a patient's legs comprising:

two boot, each capable of being secured around a foot and a lower leg of a patient, each said boot comprising, a lower wrap capable of wrapping around said foot, an upper wrap capable of wrapping around said lower leg, a seam securing said lower and said upper wraps together, an ankle strap capable of wrapping around a patient's ankle, and closure strips capable of securing said wraps around said foot and said lower leg;

wherein said closure strips are hook fasteners capable of attaching to a pile surface on said boot;

fastening straps capable of securing said boots together, wherein said fastening straps comprise hook fasteners capable of attaching to said pile surface on said boots and double-sided hook fasteners disposed between said boots and capable of attaching to said pile surface on each of said boots;

a leg strap capable of holding a patient's legs together, said leg strap comprising a cushion between the legs and straps holding the legs against said cushion; and

wherein said cushion is positioned between a patient's knees.

30. The positioning kit of claim 29 wherein said boots and said leg strap are made of thick breathable foam.

31. The positioning kit of claim 29 wherein said first pile surface is integral with said second pile surface.

32. A method of limiting movement of a patient's legs comprising the steps of:
- securing a boot around at least a portion of a foot and a lower leg of said patient first leg;
- securing a second boot around at least a portion of a foot and a lower leg of said patient's second leg; and
- securing said first and said second boots together.
33. The method of claim 32 further comprising the step of securing a leg strap around said patient's legs.
34. The method of claim 33 wherein said leg strap is located just below a patient's knees.
35. The method of claim 32 wherein said first and said second boots are secured together by securing fastening straps to each said boot.